Surrounding Attractions

Hwayang Valley

The Hwayang Valley, designated as Scenic Site No. 110, boasts a beautiful landscape as the valley is surrounded by magnificent rocks of fantastic shapes. Along the cool valley, you can enjoy the relics associated with Uam Song Si-yeol who is a very famous scholar in Joseon Dynasty. The Domyeongsan Peak, the main hiking trail in Hwaeyang-dong, is a famous place to command a fine view of Beakdudaegan Mountain Range.

Hwayang-ri, Chungcheon-myeon, Goesan-gun, Chungcheongbuk-do
043-832-4347 (Hwayangdong Ranger Station)

Ssanggok Valley

The valley has been regarded as one of Eight Scenic Sites representing Goesan since ancient times because fantastic precipices are harmonized with old pine trees. The Ssanggok Valley with various sceneries is surrounded by Chilbosan Peak whose name is given from the fact that its seven hills are beautiful like treasures (Chilbo means 7 treasures) and by Gunjasan Peak with fantastic rocks and rock clusters.

5, Ssanggok-ro 4-gil, Chilseong-myeon, Goesan-gun, Chungcheongbuk-do
043-832-5550 (Ssanggok Ranger Station)

Mansu Valley

This valley is surrounded by thick forests and cliffy rocks, producing magnificent view. The quiet atmosphere and thick forest make you feel like you've left the secular world for a while.

Mansu-ri, Songnisan-myeon, Boeun-gun, Chungcheongbuk-do
043-542-5267 (Songnisan national park office)

Solhyang Park

Serving as a place to introduce pine trees of Mt. Songnisan to the public, this park has the Pine Tree Promotion and Exhibition Hall, and other experiential facilities such as the Doggaebi (Goblin) Park, the Sky Bike, the 4D Image Center, and the Botanic Garden.

600, Songnisan-ro, Songnisan-myeon, Boeun-gun, Chungcheongbuk-do
043-540-3774 (Solhyang Park Management office)

Udang Traditional House(Seonbyeongguk's House)

Built between 1919 and 1921, when the nation's architectural techniques were in transition period, this traditional house is designated as National Folklore Cultural Heritage No. 134. It was built in the period of enlightenment when architectural design went beyond traditional structure toward new and progressive one. Around the house lie forests of Korean pine trees, and you can experience traditional houses of Korea.

10-2, Gaean-gil, Jangan-myeon, Boeun-gun, Chungcheongbuk-do
043-543-7177 (Seonbyeongguk's Hounse)

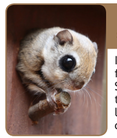
Samnyeon Sanseong Fortress Wall

Built during the Silla Dynasty, this fortress wall was completed after three years since construction had begun, so it's named Samnyeon Sanseong (Samnyeon means three years, and Sanseong means mountain fortress wall in Korean). As one of Jungbu Fortress Wall Cluster, this is enlisted at the Tentative List of World Heritage Site, and is recognized as a stone fortress wall representing Korea.

104, Seongju 1-gil, Boeun-eup, Boeun-gun, Chungcheongbuk-do
043-542-3384
(Samnyeon Sanseong Fortress Wall Management office)



Beautiful Natural Ecology of Sejogil Trail



Siberian flying squirrel – Flagship species of Songnisan National Park

It is not easy to encounter Siberian flying squirrel, flagship species of Songnisan National Park, because they are shy nocturnal animals. In late afternoon, you may meet the cute squirrels who wake up.



Yellow-throated marten playing on rocks

It is a yellow-throated marten rubbing against a rock and acting cute. It's the strongest predator of the forest where tigers and leopards have disappeared, but you can find out its unexpected charm: cute.



Fish living along Sejogil Trail

Dalcheon Valley and the reservoir with clean water (Grade I) are home to many aquatic wildlife such as Zacco temmincki, Moroco oxycephalus, Unio douglasiae, and Histrionicus histrionicus.

※ Print the QR code and touch the top 'Click Video View Video'

Interpretation Program

Story of Nature, Whispered by Sejogil Trail





It is a program that allows you to feel the beautiful natural landscape of Mt. Songnisan and listen to the hidden story of King Sejo on Sejogil Trail, a barrier-free trail Whispered by Sejogil Trail.

Reservation of Interpretation Program

- **Time:** 10:00 a.m., 14:00 p.m. Everyday (time is changeable)
- **Starting point:** Beopjusa Park Information Center
- **Method:** Reservation System (reservation.knps.or.kr) or Phone (043-540-5287, 5288)

※ **In case of bad weather, the program may not be operated.**

Songnisan Mountain & King Sejo



Jeongipum Pine Tree (正二品松)

As the Natural Monument No.103, the pine tree is 700 years old and 15 meter high. When King Sejo marched to Mt. Songnisan, it raised its own branches so that his sedan chair could pass through the way well and was given a ministerial position (Jeongipum) from King Sejo. Since then, the tree has named as 'Jeongipum Pine Tree'.



Mokyokso (Bathhouse) Pond (沐浴沼)

King Sejo, the seventh king of Joseon Dynasty, stopped by this pond on his way to Bokcheonam Hermitage and took a bath. It is called Mokyokso (a bathhouse) named after the legendary story that Prince Wolgwang who was ordered by Medicine Buddha showed up and said, "Your skin disease will soon recover." It's said that his skin disease was cured after disappearance of the prince.



Bokcheonam Hermitage (福泉庵)

Founded during the reign of King Seongdeok of Silla Dynasty, this hermitage was widely known for King Sejo who visited the temple to meet his mentor, Great Monk Shinmi, and to take a rest. As a hermitage in Beopjusa Temple, it is located at the middle of Mt. Songnisan and at the end of Sejogil Trail.

Beopjusa Temple – UNESCO World Cultural Heritage Site



Beopjusa Temple (Historical Site No. 503) was registered as a UNESCO World Heritage Site on June 30, 2018, for the first time in Chungcheongbukdo Province and for the 13th of its kind in Korea.
Beopjusa Temple, the headquarters of the fifth diocese of the Jogye Order of Korean Buddhism, is the cradle of Maitreya Faith which has more than 90 affiliate temples and is the first of its kind in Chungcheongdo region.
Beopjusa Temple, which was first built by Monk Uishinjosa during the reign of King Jinheung of the Silla Dynasty to pray for the unification of the three kingdoms. Beopjusa means a temple where teaching of Buddha stays for a long time. Like the name, this temple has stayed here for long time, showing off 13 Treasures including 3 National Treasures: Palsangjeon Pagoda (National Treasure No. 55) which is the only five story wooden pagoda in Korea, Seok Yeon Ji (Stone Symbolizing Lotus Fountain. National Treasure No. 64), and Ssangsaja Seokdeong (Twin Lion Stone Lantern. National Treasure No. 5), built during the Unified Shilla Dynasty.



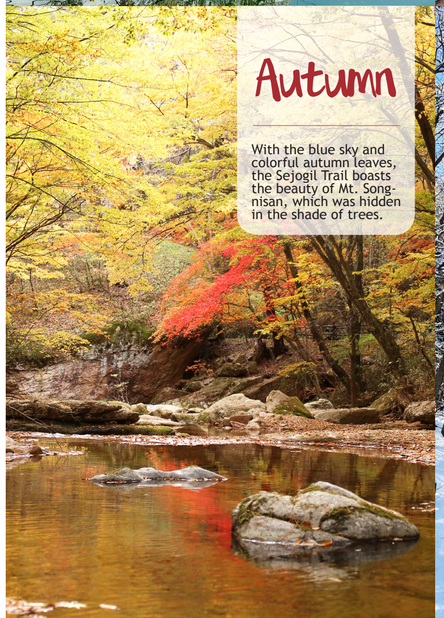
Spring

You can feel the freshness of spring on Sejogil Trail, brimmed with warm sunshine and bright green sprouts.



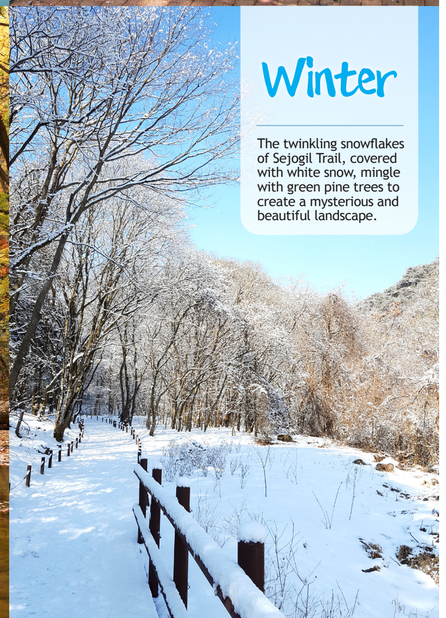
Summer

If you walk along the green Sejogil Trail, well-shaded path with trees, you can face the cool breeze and forget about the heat of the midsummer for a while.



Autumn

With the blue sky and colorful autumn leaves, the Sejogil Trail boasts the beauty of Mt. Songnisan, which was hidden in the shade of trees.



Winter

The twinkling snowflakes of Sejogil Trail, covered with white snow, mingle with green pine trees to create a mysterious and beautiful landscape.



Beautiful Trail where Nature and Man coexist

Sejogil

속리산국립공원사무소
국립공원관리단 SONGNISAN NATIONAL PARK OFFICE

Sejogil

This trail was used by King Sejo, the seventh king of Joseon Dynasty, who visited Mt. Songnisan to meet with his mentor, the Great Monk Shinmi, having stayed in Bokcheonam Hermitage and to receive treatment for his skin disease.

The section of Beopjusa Temple-Bokcheonam Hermitage (One-Way Trip: 3.2 kilometers) is an easy walking course so everyone is able to enjoy. Especially barrier-free trails are nurtured for the socially disadvantaged, including the disabled. It is also a representative attraction of Mt. Songnisan, which provides healing and health with a waterfront view and a natural environment rich in Phytoncide during the four seasons.



세조길 안내도 | Sejogil Guidemap



주변안내 | Neighborhood 周边指南 · 周边案内



Health Improvement (in case of Round Trip)

Heart Rate (bpm)	Average 96bpm (Usually 72-77)
Number of Steps	Average 10,050 steps (Achievement of Target: 10,000 steps/day)
Distance(km)	6.4km
Calorie Burn	643kcal (Same Effect to 1 hour Running)
Gradient(%)	4.2%
Time Required (min)	2.5 hours (usual walking pace)
Phytoncide(ppt)	3.38ppt

※The concentration of phytoncide in the air is 3.0ppm or higher
(phytoncide-criteria of feasibility test on Healing Forest by Korea Forestry Service)

환경부 Ministry of Environment

국립공원공단 속리산국립공원사무소 SONGNISAN NATIONAL PARK OFFICE